## Daily Schedule 6th-8th Grades

TIME	SUBJECT	DETAILS
8:00	Morning routine	Eat Breakfast Dress Brush teeth Make your bed :)
8:45-9:45	Language Arts	Clever.com, enrichment packet, Spelling, vocabulary, Journaling, News articles,
9:45-10:00	Break	Light stretching, snack, quick walk
10:00-11:00	Math	Clever.com (Kahn Academy, etc.), or enrichment packet,  Math Facts
11:00-11:20	Reading	Book of choice: 15-20 min. ( <u>Clever.com</u> - A/R, Epic, etc.)
11:20-12:00	Rdg or Math	Clever.com i-Ready lesson (trade off daily): Special Fridays (cooking, puzzles, card games).
12:00-12:45	Lunch	Eat and Play; wash hands before and after
12:45-1:15	Science	Clever.com or enrichment packet
1:15-1:45	History	Clever.com or enrichment packet
1:45-2:30	Exercise	Jogging, walking, stretching,
2:30-3:00	Chores	How can I help my family?
3:00-	Free Time & Extra	More exercise and play 15-20 min. Reading (take A/R quiz) Screen or TV time