

LUNCH

All lunches include vegetables, fresh fruits and choice of milk

MAY 2021

EESD – Rother and Shasta Meadows

BREAKFAST

All breakfasts include fresh fruit and choice of milk

Monday

Breakfast: 3

Cereal w/Graham Cracker
Fruit Cup

Lunch:

Chicken Nuggets, Pan Bread
Green Beans, Fruit

Breakfast: 10

Cereal w/Graham Cracker
Fruit Cup

Lunch: Brunch for Lunch!
French toast, Sausage,
Hash Brown Patty, Fruit

Breakfast: 17

Cereal w/Graham Cracker
Fruit Cup

Lunch:

Corn Dog
Baked Beans, Fruit

Breakfast: 24

Cereal w/Graham Cracker
Fruit Cup

Lunch:

Chicken Nuggets, Pan Bread
Green Beans, Fruit

Tuesday

Breakfast: 4

Sausage Biscuit
Fresh Fruit

Lunch:

Bean & Cheese Burrito,
Salsa, Fruit

Breakfast: 11

Ham & Cheese Croissant
Fresh Fruit

Lunch:

Teriyaki Beef, Rice
Broccoli, Fruit

Breakfast: 18

Egg & Cheese Muffin
Fresh Fruit

Lunch:

Chicken Quesadilla, Salsa
Spanish rice, Fruit

Breakfast: 25

Sausage Biscuit
Fresh Fruit

Lunch:

Beef Taco, Refried Beans
Lettuce, Tomato, Fruit

Wednesday

Breakfast: 5

Pancake on a stick
Fresh Fruit

Lunch:

Hot Dog,
Tater Tots, Fruit

Breakfast: 12

Waffles
Fresh Fruit

Lunch:

Chicken Sandwich
Baked Fries, Fruit

Breakfast: 19

Fruit Bread
Fresh Fruit

Lunch:

Hamburger, Potato Salad
Lettuce, Tomato, Pickle, Fruit

Breakfast: 26

Pancake on a stick
Fresh Fruit

Lunch:

BBQ Rib Sandwich
Tater Tots, Fruit

Thursday

Breakfast: 6

Breakfast Burrito
Fresh Fruit

Lunch:

Spaghetti & Bread Stick
Garden Salad w/ Dressing, Fruit

Breakfast: 13

Tornados
Fresh Fruit

Lunch:

Chili & Chips
Garden Salad w/Dressing Fruit

Breakfast: 20

Breakfast Burrito
Fresh Fruit

Lunch:

Chicken Drum, WW Roll,
Garden Salad w/ Dressing, Fruit

Breakfast: 27

Tornados
Fresh Fruit

Lunch:

Spaghetti & Bread Stick
Garden Salad w/ Dressing, Fruit

Friday

Breakfast: 7

Cinnamon Roll
Fresh Fruit

Lunch:

Pizza
Veggie Medley w/ Dip, Fruit

Breakfast: 14

Parfait
Fresh Fruit

Lunch:

Pizza
Veggie Medley w/ Dip, Fruit

Breakfast: 21

Cinnamon Roll
Fresh Fruit

Lunch:

Pizza
Veggie Medley w/ Dip, Fruit

Breakfast: 28

Parfait
Fresh Fruit

Lunch:

Pizza
Veggie Medley w/ Dip, Fruit

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NO SCHOOL
MEMORIAL DAY



PAY FOR MEALS ONLINE
MySchoolBucks.com